# Our Core Values

## The CRYS approach ensures that its work is:

- Respectful of young people and founded on a belief that young people can respond to the issues facing them
- Founded on the needs of young people themselves and a commitment to ensure their safety and well-being
- About establishing and maintaining positive relationships with the young people we engage
- Informed by a commitment to provide skilled specialised services to young people at risk
- Underpinned by the principle of voluntary participation of young people
- Inclusive of all young people and strengthened by diversity
- Based on continually improving quality in order to develop best practice
- Underpinned by mutual respect between colleagues, clients, parents and external agencies
- Founded on team work and a professional approach to our work encompassing openness and support between colleagues
- Enhanced by a positive approach and pride to our work, a passion for making things better and a good sense of humour where needed!
- Based on a commitment to working in partnership with external agencies



## **CRYS RUNS THE FOLLOWING PROJECTS:**

New Oak / Tullow Road Youth Project

Graiguecullen Youth Project

The YARC Project

County Carlow Drugs Initiative

Carlow Garda Diversion Project

Carlow Youth Sports Development Project

The Vault Youth Project

**Tullow Youth Project** 

Bagenalstown Youth Project

Follaíne Counselling Service

Afterschools Projects

Synergy Probation Project

DSP Community Employment Programme



Carlow Regional Youth Service Youth Work Ireland



We work to empower young people to achieve their potential through quality youth work.



## Carlow Regional Youth Service

Youth Work Ireland





### Carlow Regional Youth Service

Montgomery House, Athy Road, Carlow tel: 059 9130476 | email: info@carlowys.ie www.carlowrysblog.wordpress.com





### **CRYS PROJECTS**







#### Follaine Counselling Service

The Follaine Well-being, Counselling and Support Service provides a confidential counselling service for young people from 13-18 years to help them come to terms with problems in their lives.

Tel: 085 2780307

#### New Oak / Tullow Road Youth Project

The New Oak / Tullow Road Youth Project provides a variety of different services for young people aged 8-18 years on the Tullow Road area.

Tel: 059 9168008 / 086 8054601 / 085 7897279

#### Graiguecullen Youth Project

The Graiguecullen Youth Project offers programmes influenced by young people, with emphasis on social and personal development. Open to young people aged 8-18 in the Graiguecullen area.

Tel: 085 7897339 / 059 9164757

#### **Carlow Youth Sports Development Project**

To use sport and physical activity as a catalyst to steer young people towards joining new clubs, education. training, volunteering and employment.

Tel: 085 7897288

#### **Afterschools Program**

CRYS operates three Afterschools programs for young people five days a week. We provide a planned programme of homework support and activities based on aiding and enhancing the personal and social development of the young people.

Tel: 085 7897288

#### **DSP Community Employment Programme**

Clerical, administration, reception work, afterschool, youth support work provide much needed assistance to the Youth Service and opportunities for the employees to gain valuable experience and training in different area.

Tel: 059 9130476 / 085 2101494

#### Carlow Garda Diversion Project

The aim of the Hub Garda Youth Diversion Project is primarily to engage with referred young people through various mediums.

Tel: 085 7132751 / 086 7713793

#### The Vault Youth Project

The Vault is a Youth Centre that has many services available to Young People of secondary school age from Drop-In, Comhairle na nÓg, group work, issue based programmes and music programmes.

Tel: 059 9133714 / 085 1397397 / 085 2722379

#### Bagenalstown Youth Project

Bagenalstown Youth Project was set up for young people aged 13-18 offering programmes that are fun, supportive and educational in their local area.

Tel: 087 6695876

#### **Traveller Youth Project**

Within a team based approach the youth workers work directly with young people for the travelling community. The project provides support and advocacy for young people.

Tel: 086 1302 943

#### **County Carlow Drugs Initiative**

This Project aims to provide information and support to people affected by substance misuse.

Tel: 085 7897303 / 085 1391701

#### The Y.A.R.C. Project

The Y.A.R.C. Project aims to provide support and advocacy for young people in order to recognise, manage and reduce 'at risk' behaviour.

Tel: 059 9133714 / 086 7716597 / 086 1302943

#### **Tullow Youth Project**

Programmes and Drop In that are designed to meet the needs of the young people in Tullow.

Tel: 085 8338732 / 086 7806405 / 086 7806406

#### **Synergy Probation Project**

The Synergy Project is a Pilot Project for 2018, run in conjunction with the Probation Office and CRYS. The overall aim of the programme is to help and encourage disaffected young offenders aged 16-24 to build personal resilience, which will improve their capacity to re-integrate with mainstream society and reduce the risk of re-offending.



